

AN IHG[®] HOTEL KINGSTON CENTRAL

CATERING MENU

BREAKFAST

Breakfast is the most important meal of the day - and for good reason! It's our body's first chance to refuel with essential nutrients and energy to help us kick off the day with a bang.

Pastry Basket

- Butter croissants, pain au chocolate, muffins
- Greek yogurt 🖗 🕯
- Fresh cut fruit 🖏
- Assorted, chilled 100% fruit juices
- Freshly brewed coffee
- Pure Leaf tea

\$15.00 per person

LUNCH

Elevate your lunch game with our fresh and delicious sandwiches and salads. Made with highquality ingredients to satisfy your taste buds and fuel your body. Includes coffee, tea & pop.

The Market

- Baby greens with shaved vegetables, crispy rice noodles & orange miso vinaigrette [®]
- Medley of grains with sun dried tomato, kalamata olives, cucumbers & lemon herb vinaigrette

CHOOSE 3 (2+1 veg / under 20 people choose 1)

- The Club: Shaved turkey, hot house tomato, Boston bibb lettuce, bacon aioli
 [□]
- The Ballpark: Smoked meat, whole grain mustard aioli, dill pickle
- Classic Trio: Shaved ham, genoa, calabrese, cheddar, red onion, hot house tomato, pesto aioli
- Garden Wrap: Roasted vegetables with black garlic hummus, baby greens, pickled carrots ⁽³⁾
- Tomato Mozzarella: Hot house tomato, buffalo mozzarella, pickled onion, Boston bibb lettuce, pesto aioli, balsamic gastrique

(on assorted breads) \$25.00 per person

Grab 'N' Go Boxed Lunch

CHOOSE 1

- Ham & Cheese: served on a croissant
- Garden Wrap: Roasted vegetables with black garlic hummus, baby greens, pickled carrots ^{*}
- Classic Trio: Shaved ham, genoa, calabrese, cheddar, red onion, hot house tomato, pesto aioli
- Whole fruit 🔕
- Freshly baked cookies Vegetable sticks with buttermilk ranch ∅
- Potato chips 🖗 🗍 🛊

\$30.00 per person

BREAKS & SNACKS

Breaks are essential to every meeting. Add on one of our delicious and nutritious snacks to provide your group with the energy needed to power through and crush that meeting.

Healthy Start

- Fresh cut fruit with yogurt dip Ø
- Crudités with dip 🖏
- Selection of yogurts Ø
- Assorted, chilled 100% fruit juices
- Freshly brewed coffee
- Pure Leaf tea

\$13.00 per person

Sweet Tooth

- Freshly baked cookies
- Double chocolate brownies
- Fresh fruit with yogurt dip
- Assorted, chilled 100% fruit juices
- Freshly brewed coffee
- Pure Leaf tea

\$13.00 per person

Chips & Dip

- Tortilla chips
- Kettle chips
- Guacamole, salsa & caramelized onion dip
- Assorted, chilled 100% fruit juices
- Freshly brewed coffee
- Pure leaf tea

\$16.00 per person

Enhancements

- Crudité: fresh-cut vegetables, house-made dip & hummus Ø
 \$5.00 per person
- Local Artisan Cheeses: fruit & nuts, dried fruit, chutney, crackers & baguette Ø S \$12.00 per person
- Local Charcuterie Board: cured meats, baguette, gherkins, house-pickled vegetables, Mrs. McGarrigle's grainy dijon mustard \$16.00 per person
- Fruit Platter: fresh sliced fruit, Biemond yogurt & honey dip
 \$5.00 per person

Beverages

- Freshly brewed coffee & Pure Leaf tea (\$5.^{oo} per person)
- Chilled soft drinks (charged based on consumption)
- Chilled fruit juices (charged based on consumption)



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To book your meeting at Holiday Inn Express[®] & Suites Kingston Central please contact:

Kyra Noyes, Sales & Catering Manager 613-546-3661 ext. 393 knoyes@qualitykingston.com

11 BENSON STREET KINGSTON, ON K7K 5W2 1.800.HOLIDAY | 613.546.3662 | HIEXPRESSKINGSTON.COM

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